



Welcome to a New School Year at Northern Lincoln Elementary!

Information from your School Nurse.....

Dear Parents/Guardian:

I would like to extend a warm welcome to students and their families. I am looking forward to working with you and your children at Northern Lincoln Elementary School during the upcoming school year. To ensure your child's health and safety, I would like to share a few items with you.

HEALTH CONCERNS: Please inform your school nurse of any severe allergies, surgeries, accidents or new health problems that occurred during the summer months or which may occur during the school year.

MEDICATIONS:

- No child is to take or carry prescription or over the counter medication to school. If a child must receive medications in school, a change in state law now requires both parent and physician signature prior to administering medication. Therefore, a prescription label **IS NOT** acceptable in lieu of an MD's order. A written order must be obtained from the prescribing doctor.. Our new Medication Permission Form must be completed and the parent. This form along with the order and the prescribed medication in its original container must be brought to school by the parent/guardian. All medication **MUST** be administered in the nurse's office.
- If you administer medication to your child before he/she comes to school, which could affect their performance, please send in a note to the teacher.
- **INHALERS, EPIPENS, and DIASTAT's-** The physician: must complete and provide an action plan and a written order. The parent: must complete and sign a Medication Permission Form. **These forms along with the prescribed medication in its original container** must be brought to school by the parent/guardian on the first day of school. All medications **MUST** be kept in the nurse's office. *All forms expire yearly.*

ILLNESS/ABSENCES:

Please contact the school office in the morning if your child is to be absent and inform them why he/she will not be attending. This information is important because it helps the nurse track certain illnesses within the school environment. If your child has been ill, he/she should be **free of a temperature (100.4 degrees Fahrenheit) and or vomiting for 24 hours before returning to school.** If your child is diagnosed with any of the following communicable diseases please notify the nurse: Strep Throat, Chicken Pox, Impetigo, Scabies, Head Lice, Pink Eye, viral/diarrhea illness and Fifth's Disease. The exclusion time for each is:

- Vomiting/Diarrhea--24 hours without symptoms
- Strep Throat and Impetigo – Per doctor recommendation. typically 12-24 hours after treatment.



- Chicken Pox – 7 days or until lesions are crusted over
- Scabies/Ringworm – 24 hours after initial application of medication and an MD note
- Pink Eye (Conjunctivitis) – 24 hours after initial dose of medication
- Fifth's Disease – Exclusion is at the discretion of your family MD or until fever subsides

ILLNESSES:

If your child is seen in the urgent care, ER, or develops an illness, or head lice on the weekend or during a vacation period, please let me know. It is also helpful if you send in documentation of the visit, and call the Nurse's Office at 769-0261 Ext. 2, or email me at Bourdierdr@lincolnps.org

** If you are emailing your child's teacher about a health related matter, **please cc me**, as I Inform other staff, lunch, and recess personnel as needed.

SCREENINGS:

As per RI State Law the following screenings will be done at Northern Lincoln Elementary School. During the school year information will be provided through the newsletter giving specific dates for the vision, hearing and dental screenings, so please watch for this information in the newsletter.

- **VISION SCREENING:** will be conducted by the Lions Club and school nurse. **If your child wears glasses please remind him/her to wear them every day.** You will be notified only if your child does not pass the screening.
- **HEARING SCREENING:** Done by the Rhode Island Hearing Center for Grades Pre-K through 3rd grade. This screening typically takes place in the Spring. Permission slips for this screening will be sent home prior to the date of the screening.
- **DENTAL SCREENING:** The dentist will screen all children unless a dental card is completed and signed by their dentist, and on file in the nurse's office, or a parent informs the nurse that they do not want their child screened. Dental cards are available in the nurse's office.

If you would like for your child to be exempt from the vision and or dental screenings please provide the following documentation: Documentation can be emailed (Bourdierdr@lincolnps.org), faxed (401-356-4488), or sent in with the student. Please address the School Nurse to ensure that it is received.

- **Vision:** A note from a private ophthalmologist or primary care physician stating that a vision exam has been completed within the last six months.
- **Dental:** A note from the family Dentist stating that a dental exam has been completed within the last six months.

HEALTHY SNACKS:

The Lincoln School Department has implemented a Wellness Policy. The purpose of this policy is to develop healthy lifestyles for students, and establish policies that improve school nutrition and physical activity. It is our goal that children will develop healthy eating habits during lunch and snack. **Just a reminder that snacks eaten in the classroom must be peanut/tree nut free. Granola bars are not allowed due to the possibility of cross contamination at the manufacturer. Also, no food can be brought in for classroom celebrations.**



PRE-K AND KINDERGARTEN:

- **Just in Case Clothes:** Please send an extra set of clothes in a baggie that can be kept in the bottom of your child's backpack for those times when their clothes become soiled due to spills, not making it to the bathroom in time, etc. I do have extra clothes in the office, but sizes are limited.

********Flu Clinics for Northern Lincoln Elementary School will be held at the Lincoln Middle School in the fall. Dates are to be determined. All are welcome to attend.***

I hope that this information is helpful to you. Should you have any questions throughout the year please do not hesitate to call me at 401-769-0261, extension 1302.

Hope that you have a safe and healthy school year!

Sincerely,

Rosanny Bourdierd RN-BSN

School Nurse Teacher